

**March 2023**

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| Week 1 | Monday | Tuesday | Wednesday **1** | Thursday **2** | Friday **3** |
| Breakfast |  |  | Fruit, yogurt, Milk | Oatmeal, Banana, Milk | Biscuits and Jam, Milk |
| AM Snack |  |  | Blueberry Muffins, Water | Orange Slices, Cheese, Water | Graham Crackers, Apple Slices, Water |
| Lunch |  |  | HM-Chicken and Broccoli Soup, Crackers, Pears, Milk | Spaghetti w/ Meat Sauce, Carrots, Peaches, Milk | WG-Sunbutter and Jelly Sandwich, Mixed Vegetables, Mixed Fruit, Milk |
| PM Snack |  |  | Salsa, Pita Crackers, Water | HB Egg, Crackers, Water | String Cheese, Townhouse Crackers, Water |
| Week 2 | Monday **6** | Tuesday **7** | Wednesday **8** | Thursday **9** | Friday **10** |
| Breakfast | Cereal, Banana, Milk | Pancakes, Applesauce, Milk | Bagel, Cream Cheese, Milk | Cereal, Banana, Milk | English Muffin and Fruit Jam, Milk |
| AM Snack | Graham Crackers, Raisins, Water | Grapes, Animal Crackers, Water | Fruit Smoothie, Water | Cheese Stick, Crackers, Water | Baked Oats w/ Blueberries, and Bananas, Water |
| Lunch | HM-Chili, Green Beans, Applesauce, Milk | Cheese Quesadilla, Corn, Pineapple, Milk | HM-Chicken Fried Rice w/ Vegetables, Peaches, Milk | HM-Creamy Tomato Pasta, Carrots, Pears, Milk | Grilled Cheese and Tomato Soup, Pineapple, Milk |
| PM Snack | Carrots, Ranch Dip, Water | Salsa, Pita Crackers, Water | Pretzels, Apple Slices, Water  I/T-Crackers | Goldfish Crackers, Orange Slices, Water | Raisins, Crackers, Water |

Logo, company name

Description automatically generated

M= Milk WG= Whole Grain FT= Field Trip

W= Water HM= Homemade I/T= Infant & Toddler

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| Week 3 | Monday **13** | Tuesday **14** | Wednesday **15** | Thursday **16** | Friday **17** |
| Breakfast | Cereal, Banana, Milk | French Toast, Cinnamon Applesauce, Milk | Yogurt, Fruit, Milk | Oatmeal, Banana, Milk | English Muffin, Jam, Milk |
| AM Snack | Graham Crackers, Orange Slices, Water | Apple Slices, Crackers, Water | Blueberry Mini Muffins, Water | Orange Slices, String Cheese, Water | Yogurt, Fruit, Water |
| Lunch | HM-Sweet and Sour Chicken w/ Rice, Broccoli, Pears, Milk | Beef Taco, Corn, Apple Slices, Milk | HM-Cheeseburger Pasta, Green Beans, Peaches, Milk | WG-Hot Turkey and Cheese Slider, Carrots, Pineapple, Milk | HM-Chicken Noodle Soup w/ Carrots, Crackers, Sliced Oranges, Milk |
| PM Snack | Carrots, Ranch, Water | Grapes, Animal Crackers, Water | Salsa, Pita Crackers, Water | Goldfish Crackers, Raisins, Water | String Cheese, Town House Crackers, Water |
| Week 4 | Monday **20** | Tuesday **21** | Wednesday **22** | Thursday **23** | Friday **24** |
| Breakfast | Cereal, Bananas, Milk | Pancakes, Applesauce, Milk | Yogurt, Fruit, Milk | Oatmeal, Banana, Milk | Biscuits, Jam, Milk |
| AM Snack | Graham Crackers, Grapes, Water | String Cheese, Townhouse Crackers, Water | Cheese, Saltines, Water | Orange Slices, Graham Crackers, Water | Fruit Smoothie, Water |
| Lunch | Baked Ham and Cheese Mozzarella Sticks, Peaches, Milk | Chicken Tortilla Soup w/ Corn, Pineapple, Milk | HM-Chicken and Rice Bake, Green Beans, Peaches, Milk | Macaroni and Cheese, Carrots, Applesauce, Milk | English Muffin Pizza, Mixed Vegetables, Pears, Milk |
| PM Snack | Crackers, Cheese, Water | Raisins, Goldfish Crackers, Water | Apple Slices, Sunbutter, Water | String Cheese, Townhouse Crackers, Water | HB Egg, Pita Bread, Water |
| Week 5 | Monday **27** | Tuesday **28** | Wednesday **29** | Thursday **30** | Friday **31** |
| Breakfast | Cereal, Banana, Milk | French Toast, Applesauce, Milk | Yogurt, Fruit, Milk | Oatmeal, Banana, Milk | English Muffins, Jam, Milk |
| AM Snack | Graham Cracker, Raisins, Water | Grapes, Crackers, Water | Blueberry Mini Muffins, Water | Orange Slices, Graham Crackers, Water | Yogurt, Fruit, Water |
| Lunch | HM-Minestrone Soup w/ Vegetables, Orange Slices, Milk | Chicken Tacos, Corn, Pineapple, Milk | Pasta Alfredo, Broccoli, Peaches, Milk | Lasagna, Green Beans, Applesauce, Milk | Grilled Cheese, Tomato Soup, Pears, Milk |
| PM Snack | Carrots, Ranch Dip, Water | Salsa, Pita Chips, Water  I/T-Crackers | Pretzels, Apple Slices, Water, I/T-Crackers | Goldfish, Raisins, Water | String Cheese, Townhouse Crackers, Water |

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