**June 2023**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week 1 | Monday  | Tuesday   | Wednesday  | Thursday **1** | Friday **2** |
| Breakfast |  |  |  | Oatmeal, Banana, Milk | Biscuits and Jam, Milk |
| AM Snack |  |  |  | Orange Slices, Pita Chips, Water | Yogurt, fruit, Water |
| Lunch |  |  |  | HM-Sweet and Sour Chicken w/ Vegetable and Rice, Pineapple, Milk | WG-Turkey and Cheese Sandwich, Carrots, Applesauce, Milk |
| PM Snack |  |  |  | HB Egg, Crackers, Water | Cheese Cubes, Crackers, Water |
| Week 2 | Monday **5**  | Tuesday **6**  | Wednesday **7** | Thursday **8** | Friday **9** |
| Breakfast | Cereal, Banana, Milk | French Toast, Applesauce, Milk | Bagel, Fruit Cream Cheese, Milk | Oatmeal, Banana, Milk | English Muffin and Fruit Jam, Milk |
| AM Snack | Graham Crackers, Craisins, Water | Apple Slices, Pretzels, WaterI/T=Crackers | Fruit Smoothie, Water | Raisins, Cheese, Water | Crackers, Hummus, Water |
| h | HM-Turkey Sausage w/ Pasta, Mixed Vegetables, Applesauce, Milk | Cheese Quesadilla, Corn, Pineapple, Milk | HM-Chicken Pot Pie w/ Vegetables and Biscuits, Mandarin Oranges, Milk | HM-American Goulash, Broccoli, Fruit Cocktail, Milk | WG-Grilled Cheese Sandwich, Green Beans, Pineapple, Milk |
| PM Snack | Watermelon, Water | Fruit Salsa, Tortilla Chips, Water | Cucumbers, Ranch, Water | Goldfish Crackers, Orange Slices, Water | Graham Crackers, Sunbutter, Water |

M= Milk WG= Whole Grain FT= Field Trip

W= Water HM= Homemade I/T= Infant & Toddler

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week 3 | Monday **12** | Tuesday **13** | Wednesday **14** | Thursday **15** | Friday **16** |
| Breakfast | Cereal, Banana, Milk | Pancakes, Cinnamon Applesauce, Milk | Yogurt, Fruit, Milk | Oatmeal, Banana, Milk | Blueberry Muffins, Milk |
| AM Snack | Oatmeal Muffin, Water | Craisins, Graham Crackers, Water | Cantaloupe, Crackers, Water | Orange Slices, String Cheese, Water | Yogurt, Fruit, Water |
| Lunch | HM-Creamy Tomato Pasta, Zucchini, Peaches, Milk | Chicken Soft Taco, Corn, Pears, Milk | Spaghetti and Meat Sauce, Broccoli, Mandarin Oranges, Milk | HM-Macaroni and Cheese, Carrots, Pineapple, Milk | Shredded Barbecue Chicken Sliders, Corn, Applesauce, Milk |
| PM Snack | Carrots, Ranch Dip, Water | Grapes, Animal Crackers, Water | Salsa, Tortilla Chips, Water I/T=Crackers  | Goldfish Crackers, Raisins, Water | Bean Dip, Pita Crackers, Water |
| Week 4 | Monday **19** | Tuesday **20** | Wednesday **21** | Thursday **22** | Friday **23** |
| Breakfast | Cereal, Bananas, Milk | French Toast, Applesauce, Milk | Yogurt, Fruit, Milk | Oatmeal, Banana, Milk | Biscuits, Jam, Milk |
| AM Snack | Graham Crackers, Craisins, Water | Banana Chips, Sunbutter, Water | Cheese, Apple Slices, Water | Orange Slices, Graham Crackers, Water | Fruit Smoothie, Water |
| Lunch | HM-Broccoli Pasta, Mandarin Oranges, Milk | Bean and Cheese Quesadilla, Salsa, Corn, Pineapple, Milk | HM-Shepard’s Pie w/ Vegetables, Peaches, Milk |  Chili Corn Chowder, Applesauce, Milk | English Muffin Cheese Pizza, Zucchini, Pears, Milk |
| PM Snack | Trail Mix, Water | Grapes, Goldfish, Water | Tortilla Chips, Bean Dip, Water, I/T-Crackers | Hummus, Pita Chips, Water | HB Egg, Naan Bread, Water |
| Week 5 | Monday **26** | Tuesday **27** | Wednesday **28**  | Thursday **29** | Friday **30**  |
| Breakfast | Cereal, Bananas, Milk | Pancakes, Applesauce, Milk | Yogurt, Fruit | Fruit, yogurt, Milk | Cereal, Banana, Milk |
| AM Snack | Strawberries, Pretzels, Water, I/T-Crackers  | Grapes, Animal Crackers, Water | Orange Slices, Pita Chips, Water | HM-Blueberry Muffin, Water | Apple Slices, Graham Crackers, Water |
| Lunch | HM-Chicken Parmesan Pasta, Green Beans, Mandarin Oranges, Milk | Beef Tacos, Corn, Pineapple, Milk | HM-Cheesy Chicken Vegetable and Rice, Pineapple, Milk | Baked Ham and Cheese Sliders, Carrots, Pears, Milk | Cheese Tortellini w/ Creamy Tomato Pasta, Broccoli, Peaches, Milk |
| PM Snack | Cheese Cubes, Crackers, Water | Pita Crackers, Fruit Salsa, Water | Watermelon, Water | Banana Chips, Sunbutter, Water | Goldfish, Raisins, Water |

M= Milk WG= Whole Grain FT= Field Trip

W= Water HM= Homemade I/T= Infant & Toddler